

# Volume 1, Issue 6

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#### **Dates to Remember:**

Details

- May 23, 2011:
   May Meeting
   "Cooking with Joyce"
- September, 2011
   Date TBA—Presentation of Tote Bags to Nursing Homes
- October 1, 2011
   Northern Area Council
   Conference
   Museum Tour
   Plattsburgh, NY

# Gamma Epsilon Member, Mary Jo Whalen Honored at Pi State Meeting



Chapter member, Mary Jo Whalen was honored at the April Pi State Meeting in celebration of her 50 year membership with Delta Kappa Gamma—

Congratulations Mary! We are proud to be among your ranks 

(Mary is pictured with Pi State President, Joan Slagle)

## Gamma Epsilon Scholarship Recipient

Gamma Epsilon members will honor a local student at our upcoming meeting at the Methodist Church in Gouverneur on May 23. We are proud to be able to offer a \$500 scholarship to this young woman. Over the past several years, we have had conversations about staying connected with our scholarship recipients as they attend college. We hope to be able to follow up in some way to keep in touch.



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Incredible hand carved models created by the late Ron Venne of Trolley Cars from the Plattsburgh Traction company, the Lozier Factory and D&H Trains. Several of these are on display at the Transportation Museum.

"The sense of success
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The keypin is given to each member upon initiation. It is the emblem of Society membership and is worn over the heart.

### Northern Area Council Conference: Hit the Museum Trial

At the recent Pi State meeting, the presidents of the area chapters were able to meet and discuss the upcoming Northern Area Council Conference. Hostess responsibilities of this meeting rotate from chapter to chapter. The Psi chapter from the Plattsburgh area will be the hostesses organizing the upcoming meeting. The gathering will include a business meeting among the four chapters and museum tours of the Plattsburgh area museums along with a luncheon. The date was set for October 1 pending confirmation with the museum staff. We are hoping this will be a well-attended event — and what a great time to enjoy the fall foliage as we drive to the Plattsburgh area! At our September meeting we can plan car pools for this conference. We are looking forward to the opportunity of meeting with our sister chapters and sharing ideas.

## Tote Bag Project Update

Our Tote Bag project is successfully coming to finalization. Gamma Epsilon members in Ogdensburg and Gouverneur have worked diligently to create tote bags of "memories" that will be housed and utilized in area nursing homes to help foster conversation with loved ones. The nursing home activity directors have been extremely supportive of this project and are touched by our members' dedication to provide this community outreach. We have agreed that the sense of success via community outreach is one of the biggest personal rewards of a project such as this. Thank you, Lisa Smithers, for being our leader in this endeavor. You have guided us in making it a reality!

In September, we will plan a meeting to formally present the nursing homes with the tote bags and celebrate the collaboration between our chapter and the local communities in Ogdensburg and Gouverneur.

### Membership

Membership is what brings strength and sustenance to an organization— we have wonderfully active and dedicated members in our Gamma Epsilon chapter of Delta Kappa Gamma. As we have worked together to make our Tote Bag project a reality, that strength has again been demonstrated. At the recent Pi State meeting, one of the ideas gleaned from some of the other chapters is to invite someone to "try out" Delta Kappa Gamma for a year by joining in our activities and meetings to see if it is a good personal fit. These chapters have also experienced new members that are not able to continue membership and feel that a year of mentoring by our dedicated members can help a person decide if membership is for them before making a commitment to join the organization. Is there someone that you can identify as a "key woman educator" that you might invite to our project and chapter meetings? New members are going to be an important ingredient to our chapter sustainability.

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### Silver Sneakers Presentation at 1844 House

Lori Hackett, fitness manager from Northern Physical Therapy was our guest at the April meeting held at the 1844 House in Potsdam. Lori spoke about the importance of fitness for people of all ages—but most importantly for people who are approaching, or in their "silver years" to keep muscle toned and bone mass strong.

A national fitness program that has evolved in this effort entitled "Silver Sneakers" is just one of the exercise program offerings at Northern Physical Therapy in Ogdensburg. Lori brought some of the equipment used during exercise of the Silver Sneakers group and we all participated in some of the routines that would be typical of the program. If you are interested in participating in this program, you can contact the fitness director at Northern Physical Therapy in Ogdensburg for information on times and fee schedules.





Lori Hackett discusses ongoing fitness through the National Silver Sneakers Program.

### Convention 2012 News

Plans are well underway for the New York 2012 International Convention that will be held in New York City. There are many volunteer positions that members can sign up for to assist our state hosting of this convention. A complete listing of volunteer needs is included on page 4 of this publication.

Our chapter has just concluded a fund raising effort to help support the convention "New York Night" and reception that will follow for the expected attendance of 2000 women educators from around the world.

Our chapter can be very proud of the proceeds from our Mother's Day Basket raffle which garnered over \$200. This will allow us to be listed in the convention program at the "Empire State Building" level of sponsorship. Sincere thanks to all of you who helped in this effort!!

We are hoping Gamma Epsilon will be well represented at the 2012 Convention. A committee will be proposed to create fund raising options to set up a fund to help sponsor member attendance to this event.

Chapter member, Nancy Siegel was the lucky winner of the basket!

## Woman of Distinction Award

At our upcoming meeting on May 23rd, our chapter is proud to bestow one of our dedicated chapter members with the Pi State "Woman of Distinction Award". This member is dedicated in her service to both Gamma Epsilon and in our local community. She is willing to help with any aspect of our chapter endeavors and her advice and support to our membership is a gift we all value. She is a "true friend" and treasured member of Delta Kappa Gamma. We hope you can be there to help share this honorable event with our chapter "Woman of Distinction"!

Our chapter is proud to be an "Empire State Building" level sponsor of the 2012 International Convention!



#### JOB DESCRIPTIONS FOR VOLUNTEERS AT THE 2012 INTERNATIONAL CONVENTION

CONVENTION/INFORMATION GUIDES—STRATEGICALLY LOCATED THROUGHOUT THE HOTEL TO GIVE DIRECTIONS AND ASSIST MEMBERS IN LOCATING PLACES AND EVENTS, INCLUDING MEETING ROOMS, WORKSHOPS, ELEVATORS, NEAREST RESTROOMS, AND RESRAURANTS. GUIDES WILL HAVE DETAILED LISTING OF EVENTS FOR EACH DAY, THEIR TIME AND LOCATION, ALONG WITH HOTEL MAPS. STANDING/WALKING INVOLVED.

FIRST AID/LOST AND FOUND/INFORMATION—PROVIDE FIRST AID SUCH AS BANDAIDS, COUGHDROPS AND ASPIRIN. ALERT HOTEL STAFF IF EMERGENCY ARISES. PROVIDE LISTINGS OF LOST AND FOUND ITEMS. ATTEMPT TO RECONCILE ITEM AND OWNER. PROVIDE INFORMATION SUCH AS CONVENTION ACTIVITY EVENTS, TIMES, LOCATIONS; LOCAL TRANSPORTATION, SHOPPING AREAS; LOCATION OF SPECIALIZED SITES SUCH AS HAIR SALONS, PHARMACIES, CHURCHES. ETC.

<u>FLOWERS</u>—ARRANGE FOR PROCUREMENT OF NEEDED PLANTS, FLOWERS, BOUQUETS, CORSAGES, ETC. MOVE PLANTS/
FLOWERS EACH DAY TO AND FROM PROPERTIES ROOM OR FROM ROOM RO ROOM FOR DIFFERENT EVENTS. MEET DELIVERIES
AND PLACE ARRANGEMENTS ON BANQUET TABLES JUST BEFORE MEALS. WATER STAGE FLOWERS/PLANTS. ABOUT TWO
HOURS PRIOR TO SATURDAY EVENING BANQUET, DISTRIBUTE CORSAGES ORDERED BY MEMBERS.

<u>HOTEL GREETERS</u>—NEEDED ONLY, MONDAY THROUGH WEDNESDAY. WELCOME MEMBERS AS THEY ARRIVE AT THE HOTEL, DIRECT TO REGISTRATION DESK AND ANSWER QUESTIONS.

PROPERTIES ROOM—HANDLE AND DISPENSE ALL MATERIAL THAT ARE HOUSED IN THE PROPERTIES ROOM, INCLUDING DELIVERY TO WORKSHOP SITES, ETC. VOLUNTEERS WILL NEED TO BE ABLE TO WALK VARYING DISTANCES, LIFT UP TO 20 POUNDS. HANDCARTS WILL BE PROVIDED.

<u>REGISTRATION</u>—BEFORE CONVENTION, STUFF REGISTRATION PACKETS. AFTER REGISTRATION OPENS ON SUNDAY OR MONDAY GREET REGISTRANTS, CHECK THEM IN AND GIVE MATERIALS. ANSWER QUESTIONS. REGISTRATION WILL PROBABLY CONTINUE AT LEAST THROUGH FRIDAY, BUT THE GREATEST NUMBER WILL BE NEEDED MONDAY THROUGH WEDNESDAY.

STATE ATTENDANCE BOOKS—GREET AND ASSIST MEMBERS TO SIGN ATTENDANCE BOOKS FOR THEIR RESPECTIVE STATES. BE AVAILABLE AT ASSIGNED TIMES DURING REGISTRATION HOURS FROM SUNDAY THROUGH SATURDAY OF CONVENTION.

TABLE HOSTESSESS FOR LUNCHEON AND BANQUET—THIS IS A HIGH PRIORITY JOB. LUNCHEON AND BANQUETS GUEST WILL SEATD AT ROUNDS OF 10 PERSONS. EACH TABLE NEED A NEW YORK HOSTESS. IT IS ANTICIPATED THERE WILL BE 200 TABLES AT THE LUNCHEON AND 150-180 AT THE BANQUET. EACH PI STATE MEMBER WHO REGISTERS FOR THE LUNCHEON AND/OR THE BANQUET WILL AUTOMATICALLY BE ASSIGNED AS A TABLE HOSTESS. HOSTESSES WILL STAND, HOLDING THE TABLE NUMBER SO THAT THOSE ENTERING WILL BE ABLE TO FIND THEIR ASSIGNED TABLE. AFTER EVERYONE IS SEATED, INTRODUCE YOURSELF AND HAVE EACH GUEST INTRODUCE HERSELF. COLLECT THE MEAL TICKETS OF EVERYONE AT THE TABLE.

TOTE BAGS-PRIOR TO CONVENTION, FILL BAGS WITH ITEMS PROVIDED BY CHAPTERS, PI STATE, AND INTERNATIONAL. DISTRIBUTE BAGS IN THE REGISTRATION AREA AS INDICATED BY THE REGISTRAR.

<u>TOURS</u>—POSSIBLY WORK AT THE TOUR DESK AT DESIGNATED TIMES AND ANSWER QUESTIONS. GREET MEMBERS OF A TOUR AND RIDE THE TOUR BUS TO WHICH YOU HAVE BEEN ASSIGNED. SOME STANDING AND WALKING.

<u>NEW YORK NIGHT</u>—GUIDE ATTENDEES TO THE RECEPTION AFTER THE ENTERTAINMENT. MANAGE CROWD IN THE RECEPTION AREA. POSSIBLY COLLECT TICKETS FOR REFRESHMENTS, AS WELL AS TICKETS FOR NEW YORK GIFT. MORE SPECIFIC DIRECTIONS WILL BE GIVEN AS WE DRAW NEARER CONVENTION TIME.

WORKSHOP HOSTESSES/GREETERS—BE AVAILABLE AT LEAST 20 MINUTES BEFORE WORKSHOPS BEGIN. (THERE WILL BE 3 WORKSHOP SESSIONS ON THURSDAY AND 3 ON FRIDAY.) THE EXACT NUMBER OF WORKSHOPS DURING EACH SESSION WILL PROBABLY NOT BE KNOWN BEFORE JUNE. HOWEVER, IT IS LIKELY THER WILL BE AT LEAST 10-15 WORKSHOPS EACH SESSION. HOSTESS/GREETER ASSIGNMENTS WILL BE MADE ONCE THE ROOM AND WORKSHOP SCHUDULING IS DONE.



### Delta Kappa Gamma Gamma Epsilon Chapter

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## Visit our Gamma Epsilon Website:

http://www.deltakappagamma.org/NY-gammaepsilon/



# "Be the Spark—Ignite the Flame"

Pi State celebrated its 75th birthday at the recent "Gem of a Convention" held April 29th - May 1st at the Doubletree Inn and Suites in East Syracuse, New York. In 1974, Pi State had 79 local chapters - there are now 69 chapters. The word across our state is to celebrate who we are, be proud of what we do to bolster education and community outreach world wide and bestow the honor of being invited to join our organization on deserving "key women educators" in our local areas.

As outgoing president, Joan Slagle handed the gavel to incoming president Jeanne Schenk, Jeanne inspired us with her biennium message to "Be the spark, ignite the flame" across New York State.

When attending a convention, one realizes that we have a great deal to celebrate. Local councils have many outstanding community outreach projects that they tirelessly pursue. Scholarships and grants are awarded to many



deserving recipients as they engage in education, their dreams, and project endeavors. Everyone is encouraged to visit the Pi State website to view the availability of scholarship and grant monies and apply!

